

# Young Doctors' Movements news – May 2019



WONCA's Young Doctors' representative on World Executive, [Ana Nunes Barata \(Portugal\)](#), is coordinating regular news from our seven region Young Doctors' Movements.

## **A word from Ana Nunes Barata - YDM representative on WONCA Executive 2018-2020**

The Young Doctors' Movements (YDMs) are WONCA's active network that engages youth and promotes intercultural knowledge exchange that helps to create new ideas, projects and initiatives that contribute for the development of Primary Care at the global level. WONCA's young doctors are defined as in their first five years' of practice as a family doctor OR in training as a family doctor. Each WONCA region has its own YDM that strives to develop its network and engage with the young doctors from every country it represents. You may find more information about the YDMs [here](#).



>[Join your region's Young Doctors' Movement](#)

## **Ana Nunes Barata: YDM presence on WONCA Executive**

WONCA's Young Doctors' representative on World Executive, Ana Nunes Barata (Portugal), writes:

These have been the first six months of my second term as the Young Doctor Representative on WONCA World Executive. I have the privilege to collaborate with a new team on the Executive, learning through new experiences and knowledge, which make these meetings a true, global experience.

We have just finished our first face-to-face meeting in Beijing, People's Republic of China where we worked through a busy agenda. While discussing actions, we brainstormed new ideas and set the footing for the development of new initiatives and strategies for WONCA. It was a great example of full team engagement! As the Young Doctor Representative, it was also possible to include the points of view and the ideas of young doctors in these discussions, so as to drive the organisation to include the suggestions and ideas of youth in its future actions.

*Photo shows Ana, Viviana Martinez- Bianchi, and WONCA manager, Nongluck Suwisith with Chinese colleagues.*

During our stay, we had the chance to visit the Yuetan Community Health Service Centre, a Primary Health Care centre in Beijing. An amazing, enthusiastic group showed us around and explained all the different services that were provided at the clinic. The services ranged from general GP visits; to preventive mental care; maternity and child health visits and women's health; and including the



collaboration of other healthcare professionals in order to provide nutrition services, rehabilitation, speech therapy and dental care. The clinic also had one floor dedicated to Traditional Chinese Medicine (TCM) with rooms set up to provide acupuncture and moxibustion. This clinic had a radiology department, a laboratory and a surgical dressing room. Given that the clinic integrated both Western medicine and TCM, two pharmacies were included in this practice (one for TCM and one for Western medicine). It was fascinating to learn more about how Primary Care is organised in the People's Republic of China and to see so many young doctors working in primary care!

During our stay in Beijing, we were given the opportunity to participate in the 16th Annual Conference of General Practice and Community Health, promoted by the Chinese Medical Doctors' Association (CMDA). This event had over 2500 participants and WONCA was invited to give a plenary, linked to the opening ceremony where each member of the Executive had the chance to speak about their current work and role in WONCA. (see photo at top). The sharing of these experiences was very well received and we had the honor to



show first-hand what our organisation is able to deliver. After this panel, I also participated in a separate session where I presented the Young Doctors' Movements in more detail to our Chinese colleagues, especially the activities that the YDMs are developing and how it was possible to have more young doctors involved in the YDMs. I hope that many new colleagues will join the Rajakumar Movement!

All in all, I'm truly grateful to all our hosts in Beijing who showed tireless dedication to make our stay easy and made this a memorable experience.

In the YDMs we will continue working on different projects in order to integrate more and more young doctors into WONCA. For those reading, hope to see you soon in the WONCA family!

## Al-Razi Young Doctors' Movement East Mediterranean Region



At the WONCA EMR regional conference that took place on March 21-23, 2019 in Beirut, Lebanon, Al Razi Young Doctors' Movement had the honor to present, on the second day, three workshops entitled; "Challenges in family medicine training in EMR", "Practical use of insulin in primary care" and "Critical appraisal of randomized control trials" with nearly 50 participants. The Al-Razi YDM members who were present included Nagwa Nashat (Immediate past chair (Egypt)), Anas Almohtaseb (Jordan), Khalid AlKarbi (Qatar), Reina Alameddine (Lebanon), Skander Essafi (Tunisia), Suha Yacoub (Palestine) and Yaqoub Said (Oman). The workshops were dynamic, interactive and full of enthusiasm and activities.

The WONCA EMR executive board came at the beginning of the day to show support to Al-Razi YDMs. Encouraging feedback was received.

Submitted by Nagwa Nashat ( Al Razi immediate past chair)

Photo: from right to left: Suha Yacoub, Nagwa Nashat, Reina Alameddine, Skander Essafi, Yaqoub Said, Khalid AlKarbi and Anas Almohtaseb.



## **Polaris North America region**



Spring has sprung in North America and we are quite excited to be free of the Polar Vortex!

A HUGE welcome to the WONCA family to all of the senior medical students who matched to and have accepted a family medicine training position commencing July 2019! We sincerely hope all of these fresh new faces love family medicine, strive to improve primary care and find a professional home with WONCA.

We are pleased to announce that Polaris will be hosting our annual preconference entitled "Health Equity Across Borders" in Albuquerque, New Mexico, on October 9, 2019. The preconference will formally run in conjunction with the American Academy of Family Physicians Global Health Summit. At the same time WONCA Rural will have their conference Oct 11-15. I strongly encourage everyone to come and join us for 3 exceptional learning and networking experiences! Registration for the Preconference and Global Health workshop can be found on the AAFP website, while WONCA rural registration is easily found via the WONCA website.

Polaris is thrilled that communication around here is getting easier; our new website is set to launch this spring! The website will be dynamic and ever changing to reflect the activities of WONCA, Polaris, and other YDM's, but at the same time it will be home to standard information that does not change. Our goal is to be more visible in our region and really be a resource for young doctors.

This quarter, in honour of all of our newly minted trainees in family medicine, Polaris would like to challenge each and every one of you to reach out and connect with a medical student! Talk about the options career options available in family practice, talk about the challenges of family practice, tell them why you love family practice and answer their questions. You never know the kind of impact paying it forward to the next generation of family physicians can make!

Cheyenne Vetter

## The Rajakumar Movement Asia Pacific region



The Philippine Academy of Family Physicians celebrated its 58<sup>th</sup> anniversary and annual convention last March 7 to 9, 2019. In one with the celebration, the Philippine Academy of Family Physicians Residents' Organization held its annual general assembly and election of officers. Dr Fatima Liboon, a senior resident from Mindanao, was elected as the new president. Priority projects of the organization are: to help in strengthening the practice-based family medicine training program in the Philippines, to organize and collaborate with regional young doctors' movement in the country, and to engage with the Rajakumar movement, the WONCA Asia-Pacific Young Doctors' Movement.



Celebrating the Chinese New Year, the Hong Kong young doctors' movement, co-chaired by Dr Edmond Chi Wai Chan and Dr Wing Yan Chan, organized a hiking activity, "Hiking in Year of the Pig" with the objective of connecting junior and senior members of the organization. Other activities of the organization for this year include: career talk for medical students and liaising with public education committee for the World Family Doctor Day.



In Australia, the General Practice Registrars Australia (GPRA Ltd) has recently released a new position statement on general practice registrars providing care to practice staff. A useful document citing the conflict of interest around treating staff members and their family. We are looking forward to numerous national conferences in 2019 to update and improve our skills and hear the latest research.

The 6th Cross-Straits General Practice conference organised by The Cross-Straits Medicine Exchange Association Committee of General Practice (SMEA-GP) was held in Zhengzhou, China from March 29 - 31, 2019. The first Asia Pacific Young Doctors Forum was held the day before the main conference with more than 200 participants attending. Dr Donald Li, President of WONCA and Prof Shanzhu Zhu, Member-at-Large of the executive WONCA Asia Pacific region (APR) delivered opening remarks at the Young Doctors' forum. Young doctors in Asia-Pacific Region presented and delivered lectures: Dr Loretta Chan from HKCFP represented The Rajakumar Movement (TRM) and presented the update of Young Doctors' Movements in the APR; Dr Yang Hua from SMEA-GP, delivered a talk on the development of general practice in China; Dr Pingsun Chang from TAFM, made a presentation on the role of family physicians in palliative care services; and Dr Victor Loh from NUHS, gave a talk introducing the primary health care system in Singapore. The forum was well conducted and had received positive responses from the participants.

In Malaysia young doctors participated in the 5<sup>th</sup> Asean Regional Primary Care Conference in March 2019 with the theme: "The challenges in ASEAN in Caring for Individuals, Families and Communities". In Henan Province, China, the Academic Conference of General Practice was hosted by Cross-Straits Medicine Exchange Association-Committee of General Practice (CSMEA).

Truly, young doctors are actively engaging and collaborating in shaping the field of family medicine across the Asia-Pacific region.

**Dr Mel Anthony E. Acuavera**  
**Honorary Secretary TRM**

## **Vasco da Gama Movement**

### **Europe region**

Aside from our preparations for the WONCA Europe Conference and VdGM Preconference in Bratislava here is the latest news from VdGM:



#### **7th VdGM Forum Location Decided**

We are thrilled to announce that our Council has recently voted to select the United Kingdom and the beautiful historical city of Edinburgh Scotland for the 7th VdGM Forum, set to take place in early 2021. We will be keeping you updated with developments over the following months.

#### **New VdGM Special Interest Group**

Hot off the press: a new VdGM Special Interest has just been approved! Workforce Migration: Doctors on the Move brings together migrant doctors across our region and beyond to examine issues of importance for doctors who relocate in a new country.

#### **Strengthening Our European Relationships**

We truly value our relationships with the other WONCA Europe Networks; promoting their activities creates opportunities for our members to engage in their areas of interest and continue contributing to WONCA and European Primary Care beyond their involvement with VdGM. The relationship is reciprocal as our members go on to strengthen the Networks they engage with. As such we are thrilled to announce that we now have Liaisons in place with all the WONCA Europe Networks; EUROPREV, EURACT, EGPRN, EURIPA & EQUIP. We have also now appointed Liaisons to the European Forum of Primary Care and the Primary Care Diabetes Society. Our Liaisons will be attending the Network events and reporting back to our membership on opportunities for young doctors through our social media and news feeds, so watch this space.

#### **Join us for the 6th VdGM Forum**

Finally no update would be complete without inviting you all to join us for our 6th VdGM Forum on the 27-29th September 2019, in the beautiful city of Torino, set at the foot of the snowy peaks of the western Alps and enclosed by the winding course of the River Po. Registrations are now open and the abstract deadline has been extended until the 18th April. We will share more details with you in our next newsletter update!

We hope to see you soon in Bratislava or Torino... or both!

Warm Regards

Claire Marie Thomas (President) and Elena Klusova (Events Officer) on behalf of the VdGM Executive

## VdGM meeting together in Bratislava

Greetings from VdGM, The European Young Doctors Movement! We are getting ready for our busiest time of year here preparing for the WONCA Europe Conference, the VdGM Pre-conference and the VdGM Council Meeting in Bratislava this June.

As part of our preparations for Bratislava we are receiving nominations for our various awards:

- The Hippocrates and Carosino Exchange Awards
- The Junior Researchers Award
- The VdGM Fund Wonca Europe Conference Bursaries
- The Fons Sips Outstanding Achievement Award; which recognises outstanding contributions to VdGM and Primary Care by our young doctor members.

All VdGM members are called upon to nominate their most deserving colleagues!

In addition to awards, we are calling for nominations for our new Liaison to the WONCA Europe Board. This important role embodies our strong relationship and valuable connection to our parent organisation, enabling us to promote the voice and interests of young doctors.

Look out for our posts on our social media and our webpage or contact your national Council Representative for more information on how to apply or nominate!

The Bratislavan Pre-Conference organised by our Slovakian young GP colleagues is shaping up to be an exciting and vibrant event. The Pre-conference exchange will see up to 20 colleagues from across Europe take part in a professional exchange in clinics and consultations in East, Middle and West regions of Slovakia. On June 25 and 26, the VdGM Preconference will be held in the elegant and modern Sheraton Hotel in Bratislava. We expect that more than ever, the event will be full of freshness, updated science and innovative ideas.

The Pre-conference will include three types of workshops: Skills & development, Small group discussions groups and "Spotlight Sessions". The themes include GPs in emergency medicine, refugee care, transgender care, ultrasonography in primary care and virtual medicine.

After the resounding success of the "Spotlight Sessions" initiative in the 2018 WONCA Prague Preconference, we will once again bring together the representatives of VdGM SIGs and WONCA Europe Networks offering them the opportunity to deliver short workshops for our pre-conference attendees aimed at showcasing their activities and giving opportunities for young and future GPs to become involved.

During the main WONCA Europe Conference we will be hosting our traditional workshops for Exchanges, the Junior Researchers Award and the innovative Young Doctors Marketplace, where senior and junior colleagues can learn more about VdGM activities and network to share ideas, projects and programs. We are awaiting the results of abstract evaluation to learn of the success of the many other abstracts submitted by our Executive, Council, Liaisons and Special Interest Groups, however we are certain there will be many young doctor led activities throughout the event.

You will be able to find VdGM Executive, Council Members, Special Interest Groups and Liaisons manning our VdGM Booth in the WONCA Village throughout the Conference, so please drop in and see us! We will welcome you with a warm smile and a good dose of the famous VdGM virus!